



Alcohol Use and Misuse Questionnaire

Name: _____

Please circle your answers to the following questions.

1. People chose to drink due to, or in order to:
 - a. Relax
 - b. Peer Pressure
 - c. Cope with stress
 - d. Socialize
 - e. All of the above
2. Alcohol is the third most widely used drug in the world.
 - a. True
 - b. False
3. Mental Health issues such as depression and anxiety may be a long-term health risk from excessively consuming alcohol.
 - a. True
 - b. False
4. Short-term health risks from drinking alcohol may include:
 - a. Improved blood pressure
 - b. Lower risk for certain types of cancer
 - c. Injuries resulting from falls, motor vehicle crashes, or burns
 - d. Improved liver function
5. A sign of alcohol abuse disorder is drinking more than planned, even after attempts to cut down or quit drinking.
 - a. True
 - b. False
6. The recommended level of alcohol consumption for adult men is no more than 4 drinks per day.
 - a. True
 - b. False

